

85th Renfrew & Inverclyde (Inverkip & Wemyss Bay)



Kayaking Personal Kit

The following equipment is a guide for what you'll need for kayaking. What you don't have, ask a leader. We may have spares.

For the water

When not travelling far, wear some of this on arrival to save time changing.

The water can be cold and windy even on summer days, and is always wet, so scouts should be dressed warm. All clothes can be expected to be submerged, possibly in salt water. Since salt water will corrode waterproofs, all items should be washed or hosed thoroughly after the event. Do not wear your designer clothes on the water.

Packed Lunch (if appropriate)

Waterproof Jacket (Cag if available)

Layers of T-shirts / jumpers

Warm joggers

Warm Jacket

Old Trainers (socks are optional)

Hat

Have a Good Breakfast

For the shore (keep in a separate dry bag to be left on shore)

Full change of dry **warm** clothes

Dry fleece / jacket

Dry shoes

Money for chip shop (if travelling)

Permission Slip

Towel

Plastic bag for wet kit

Sun Cream (sun reflected from the water can burn)

Snacks (optional)

Flask with Hot Drink

Overnight Stay

Dishtowel

Toiletries

Plates/Mug/Cutlery (labelled)

Sleeping Bag

Camper Mat

Plastic Bag for Grotty Stuff